

BODY mechanics

salon + medi spa

306-764-2001
www.bodymechanicssalonspa.com
Upstairs at 401 South Industrial Drive, Prince Albert, SK

Hours of Operation

Monday - Friday
Every other Saturday
Open at 10am
Closed Sunday

We are open late! Evening appointments available.
Check our online booking schedule for availability.

Salon

Women's Cuts
starting at \$50

Men's Cuts
starting at \$35

Colours
call for pricing

Balayage / Hair Extensions / Perms
pre-book a free consultation for pricing

Barber

Hot Shaves
starting at \$45

Hot Shave + Haircut
starting at \$75

Beard Trims
starting at \$15

Beard Line Up with Hot Towels
starting at \$38

Massages BY R.M.T. * Registered Massage Therapist, includes receipt for medical insurance

Deep Tissue Massage / Relaxation Massage / Prenatal Massage
\$60 | 30 min \$75 | 45 min \$90 | 60 min \$135 | 90 min

Thai Yoga Massage
\$60 | 30 min \$75 | 45 min \$90 | 60 min

Cupping
\$90 | 60 min \$135 | 90 min

Hot Stone Massage
\$110 | 60 min

Stress-Fix Massage
Clinically proven to reduce feelings of stress. Combines the power of Swedish and Deep Tissue Massage, Acupressure, Foot Reflexology and our stress-fix aroma, infused with organic French Lavender and Clary Sage.
\$110 | 60 min \$150 | 90 min

Massage Add-Ons
Back Scrub \$10 Essential Oils \$10

Massages BY SPA THERAPIST

Relaxation Massage
\$50 | 30 min \$70 | 60 min \$100 | 90 min

Waxing & Sugaring

Half Leg
waxing \$50 sugaring \$60

Half Arm
waxing \$45 sugaring \$55

Full Arm
waxing \$70 sugaring \$80

Men's Back
waxing \$60 sugaring \$70

Men's Chest
waxing \$55 sugaring \$65

Underarm
waxing \$30 sugaring \$35

Eyebrow
waxing \$20

Lip or Chin
waxing \$15 sugaring \$20

Lip + Chin
waxing \$25 sugaring \$30

Full Face
waxing \$40 sugaring \$50

Nostril
waxing \$20

Basic Bikini
waxing \$30 sugaring \$40

Extended Bikini
waxing \$40 sugaring \$50

Brazilian
waxing \$60 sugaring \$75

Brazilian Maintenance
waxing \$50 sugaring \$65

Threading

Eyebrow \$25

Lip or Chin \$20

Full Face \$45

Forehead \$20

Henna Brows & Lashes

Brows \$50

Lashes \$40

Brow + Lash Combo \$70
depending on skin type, henna should last 3-4 weeks

Lash Lift & Tint

Lash Lift \$75

Lash Lift with Tint \$85

Lash Tint \$20

Brow Tint \$20

Brow Lamination

Lamination \$70

Lamination with Tint \$80

Make-Up

Make-up Application \$85

Spray Tanning

SunnaTan \$45

paraben free, fragrance free, organic & natural ingredients, green tea and essential oils, cruelty free and vegan

* 15% off when buying a package of 4 spray tans

Teeth Whitening

SunnaSmile \$115

natural ingredients, sensitive free, tooth friendly xylitol, removes plaque, enamel safe, fights bacteria and gingivitis, removes stains from caps, crowns, and veneers

Pedicures

PEDICURE GLAM

A true relaxation pedicure for the busy person who needs a little self care time to themselves. Also for those feet that need a little extra time. This is the pedicure for you! Includes a relaxing warm foot soak, foot buffing, filing, cuticle and nail shaping, sugar scrub, warm eco-fin booties with our special blend of essential oils, moisturizing foot and leg massage plus take-home polish for flawless touch-ups.
\$85 | 90 min

PEDICURE SIGNATURE

Includes foot buffing, filing, cuticle and nail shaping, moisturizing foot and leg massage plus take-home polish for flawless touch-ups.
\$75 | 60min

MEN'S PEDICURE

\$65 | 60min

PEDICURE ADD-ONS * must be added at time of booking

Shellac \$20

Gel Toes \$20

Gel Nails

Full Set \$80

Fill \$70

Gel Overlay \$65

Nail Design price per nail

* price varies on amount of design detail

Kids 12 years and under

Manicure \$40

Pedicure \$45

Manicure + Pedicure \$70

Facial Treatments

BEAUTY FACIAL

Sensitive Skin / Clarifying-Oily Skin / Dehydrated Skin / Anti-age

The ultimate relaxation we need for our busy schedules leaving you feeling relaxed with the most glowing complexion.

Customized to pamper the skin leaving your skin feeling strengthened and restored. Your esthetician will customize to your skin type. Includes a deep massage for face, neck and décolleté that restores the skins elasticity.

\$90 | 60 min \$120 | 90 min

SIGNATURE FACIAL

The perfect facial for an event or evening out. Customized for maximum results in minimum time.

\$75 | 30 min

MICRODERMABRASION

Microdermabrasion is a minimally invasive procedure used to renew overall skin tone and texture. It can help improve the appearance of skin affected by sun exposure, wrinkles, acne, and other conditions.

\$100 | 30 min

Who is Microdermabrasion for?

Fine Lines and Wrinkles Dull-looking Skin Complexion

Hyperpigmentation, Age Spots and Brown Spots Uneven Skin Tone and Texture

Enlarged Pores and Blackheads Melasma

Acne and Acne Scars Sun Damage

Stretch Marks

DERMAPLANING WITH MINI FACIAL

A method of facial exfoliation using a scalpel to remove fine vellus hair and dead skin cells. Aired with a relaxing and rejuvenating Blue or Red LED light therapy. Skin will be smoother, softer and better able to absorb the active ingredients in treatment and home care products. The results are instant, glowy, dewy skin.

\$130 | 60 min

Hydrfacial Treatments

FOR ALL SKIN TYPES & NEEDS

Using Patented Vortex-Fusion Technology to Cleanse, Extract and Hydrate

WHAT IS A HYDRAFACIAL TREATMENT?

Hydrfacial is an invigorating treatment that can be given in as little as 30-45 minutes. It delivers long-term skin health and can be tailored to meet the specific needs of all skin types. It offers instant, noticeable results with no downtime or irritation. The Hydrfacial treatment removes dead skin cells and extracts impurities while simultaneously soothing the new skin with cleansing, hydrating and moisturizing serums. The treatment is bathing, refreshing, non-irritating and immediately effective.

EXCELLENT FOR IMPROVING:

Fine Lines & Wrinkles

Elasticity & Firmness

Skin Texture

Hyperpigmentation/Photo Damage

Dullness & Dehydration

Oil/Congested Skin

Enlarged Pores

PLATINUM HYDRAFACIAL

The ultimate Hydrfacial experience. Begin the detoxification process with Lymphatic Drainage. Follow with the Signature Hydrfacial to deeply cleanse, extract and hydrate the skin. Address specific skin concerns with a booster or your choice - Radiance or Age-Refinement. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

one treatment \$270 | four treatments \$932

WET DIAMOND HYDRAFACIAL

The usual blue tip, for exfoliation, is used for one pass along your face, then the tip is switched to the wet diamond microdermabrasion tip for one final pass. The wet diamond then allows for the Hydrfacial treatment serums to pass through the tip. They have combined the suction and hydration from Hydrfacials with the truly scrubbed clean feeling that comes from microdermabrasion.

one treatment \$190 | four treatments \$605

SIGNATURE HYDRAFACIAL

Deeply cleanse, extract, and hydrate the skin through our super serums filled with antioxidants, peptides, and hyaluronic acid.

one treatment \$160 | four treatments \$540

ADD-ON LED RED+BLUE LIGHT THERAPY ADD \$50

Hydrfacial Boosters

WHAT DO HYDRAFACIAL BOOSTERS DO?

Hydrfacial boosters target specific skin problems. A wide range of boosters are available, each containing specific ingredients that help improve skin in different ways.

WHY CONSIDER BOOSTERS?

Boosters provide a safe and effective way to make your Hydrfacial treatments more targeted to fit your needs. Boosters can help improve your skin, resulting in a healthier look and a more youthful appearance.

MURAD VIT-C \$57

An intensive glycolic acid and vitamin C booster accelerates surface renewal and minimizes the look of dark spots and hyperpigmentation for dramatically brighter, smoother, healthier-looking skin.

JLO BOOSTER \$55

Help brighten, tighten, and hydrate skin's appearance. Great booster to prepare for a big event.

BRIGHTEN BOOSTER \$57

Balances skin tone and helps to minimize the appearance of dark spots.

FIRM BOOSTER \$57

Enhances skin elasticity and helps smooth the appearance of fine lines and wrinkles.

MURAD CLARIFYING BOOSTER \$57

Cleanses, dissolves excess oil, and purifies pores with salicylic acid to reduce severity of acne and green tea extract to help soothe irritation. Treats acne and prevents future breakouts.

NASSIFMD HYDRAGLUKAN INTENSE HYDRATION BOOSTER \$55

A proprietary cocktail of ingredients, including hyaluronic acid, glucon and betaine will hydrate, repair, rejuvenate and protect your skin, while restoring plumpness, radiance and addressing the signs of aging.

ROZATROL \$60

Contains an exclusive complex that helps minimize redness and inflammation. It is ideal for red, sensitized skin but can be used on all skin types. Great for rosacea.

Add-On

DERMAPLANING with any Hydrfacial add \$75

Note: If you have had botox or fillers, please wait 2 weeks following those procedures before having a Hydrfacial treatment.

Perks // book alone or add-on to any signature, deluxe or platinum service

With any Perk purchase, enjoy the benefits of the treatment with our award-winning take-home products.

LIP PERK \$40

LIP TREATMENT This 10-minute service uses Lip Revitalizing Serum to gently exfoliate, lightly plump, and boost lip hydration

TAKE-HOME Use the Lip Revitalizing Serum at home to extend treatment benefits. Add the Perk of protecting your lips with the Hydrating Lip Balm SPF.

EYE PERK \$55

EYE TREATMENT This 10-minute service uses Eye Replenishing Serum to invigorate your delicate eye area.

TAKE-HOME Use the Eye Replenishing Serum at home to extend treatment benefits. Add the Perk of reducing the appearance of dark circles with Soothing Eye Masks.

Micro-Needling

Micro-Needling is classified as a collagen induction therapy. A minimally invasive procedure using tiny sterilized needles to puncture the skin, causing your body's natural healing process to activate & produce more collagen & elastin. This treatment can be performed on various parts of the face & body to not only target acne & aging but also correct deep scars and stretch marks.

Consultations are required before booking all micro-needling appointments. Consultations are free.

Face
one session \$300
three sessions \$780
six sessions \$1560

Face + Neck
one session \$325
three sessions \$780
six sessions \$1710

Laser Hair Removal // consultations are free and also available by phone.

ARMS

Full Arms \$200

Upper Arms \$130

Forearms \$150

LEGS

Full Legs \$300

Includes feet, toes, and along the lower bikini line

Upper Legs \$250

Lower Legs \$175

BIKINI

Brazilian \$130

Full Bikini

Extended Bikini \$110

1-2 inches onto the thigh and 1-2 inches into the bikini line

Basic Bikini \$90

Along the bikini line only

LADIES

Back \$200

Chest \$125

Navel Strip \$65

Stomach \$65

Nipple \$65

Chin \$60

Lip \$50

Lip + Chin \$90

Neck \$80

Full Face \$150

Side Burns \$135

Hands \$100

Feet \$60

Toes \$50

Feet + Toes \$100

Unibrow \$50

Underarms \$90

MEN

Back \$300

Chest \$280

Face \$200

Beard \$90

Moustache \$70

Neck \$90

IV Vitamin Therapy + Botox/Dysport & Dermal Fillers

Sessions take place at Body Mechanics Salon + Medi Spa. Call 306-764-2001 or book online. For more information on services and pricing, visit <https://afterglowinjectionstudio.com>.

General Information

What is the cancellation policy?

Please notify the salon and spa 24 hrs before your scheduled appointment to avoid being charged the full value of the service.

Should I make reservations?

Reservations are recommended and are subject to availability.

Do I need a credit card to hold a reservation?

We only ask for a credit card when two appointments are booked for the same date.

When should I arrive?

Please arrive 15 minutes prior to your treatment.

What if I'm late for an appointment?

Arriving late will shorten the time of your treatment. The full value of the treatment will be applied.

March 2025. Prices and services subject to change.

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